



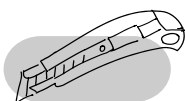
MOUNTING INSTRUCTIONS

FITNESS
TILES

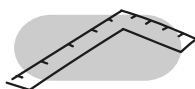
EASY AND QUICK INSTALLATION:

- Read the instructions carefully before installing the tiles.
- No special tools are required.
- Tiles can be laid on existing floors and substrates that are robust, smooth, dry, even, securely fixed and clean

NECESSARY TOOLS:



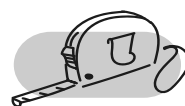
Hand knife



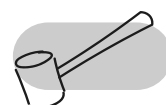
Straight
edge



Pencil or chalk
marker



Measuring
tape

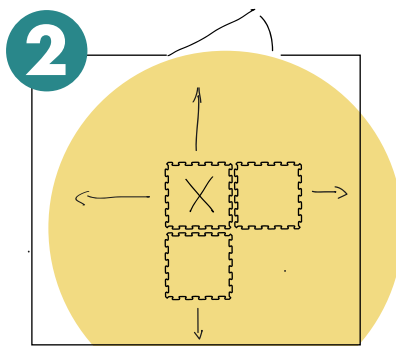


Rubber mallet -
optional



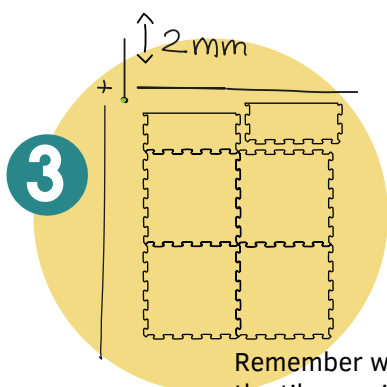
1

Make sure the floor surface is smooth, even, dry, clean and free from grease and oil. Check for cracks, gaps, nails or other damage. Patch or fill any large holes.



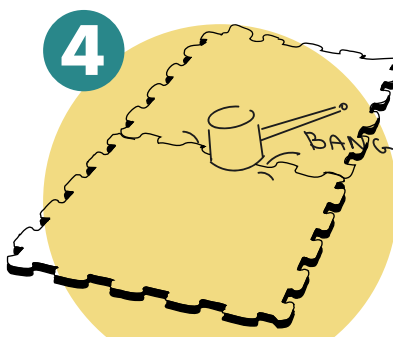
2

Start the assembly in the center of the area to be covered.



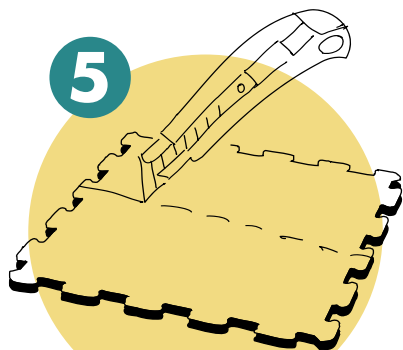
3

Remember when laying the tiles against a wall (and other objects) to leave approximately 2 mm gap for each tile.



4

If necessary, use a rubber mallet to level tiles at the joints.



5

When you reach walls or obstructions you will probably need to cut tiles to align them with the wall. Measure the distance between the last tile and the wall and cut off the excess tile.